



The heart of our community

What's On



*Northern Suburbs
Community Centre Inc.*

Regular Weekly Programs



www.nscctas.org.au



Find us on google maps

Funded by the Crown through the
Department Of Premier and Cabinet

Newnham

49 George Town Road, Newnham



6326 5506

@ admin@nscctas.org.au

Connected Women's Program 11am-1pm



Welcoming Migrant Women and building social connection through friendships.

Digital Literacy help 9am- 12

FREE Digital help with mobile, tablets and laptops..

Call Nikki 0418 543261 to make an appointment.

MONDAY



Tai Chi 10-11am

Release stress & improve your balance with simple Tai Chi exercises to suit all abilities.

Knitters Unleashed 1-3pm



12 week program with Glenys to make this simple scarf.

Materials provided, *beginners welcome*. Starts 2nd Feb.

All Stitched Up 10am-2pm



TUESDAY

Micro Lunch 12.30 pm

Free weekly light lunch.

Please Book for this one.

Social Club 12-2 pm

Great way to connect with others, share a laugh and have some fun!



Snag Chat Van 11am- 1pm

3rd Tuesday of every month only

Join us for a sausage, chat & games

FREE GP Clinic 6-9pm Fortnightly only

Walk-In clinic with Moreton Group Medical Services *Commencing 27th Jan*

Launceston Legal Literacy Centre



10am-12pm

Help filling in documents and much more! Drop-In Service

Community Lunch 12.30-2pm

Join in a 2 course lunch- \$5
Great way to make new friends.



WEDNESDAY Goldie's Group 10-12

Craft, Activities, Games
Chance to connect with others.

Baby Bugs 12-1 pm

Playgroup for caregivers and their families to learn together.

Your Space 1-2.30pm

Connect, have fun, chat and share a laugh with others



Community Keep Fit 10-11am



Come along & keep moving with simple exercises for all abilities.

THURSDAY Children's University 3.15-4.15 pm



Learning hub for children 8-14 yrs
Fun Games, experiments & more!

Boomerang Bags

FRIDAY

1-3pm

Create & sew re-useable cloth shopping bags and enjoy a chat.

Mowbray

Dover Street, Mowbray



6326 6776

@adminm@nscctas.org.au

YourSpace 12-2.30 pm

Connect with others ,share a laugh together and have a chat.

MONDAY

Modernism Art 10am-12

Explore drawing, painting & Design.



Scrapbooking- 1pm-2.30 pm

Come along and have Fun with Scrapbooking. **\$3**

Learn to Machine Sew 10am-12 pm

Come and learn some machine sewing basics.

12.30-2.30 pm

Machine sewing for the more advanced.

TUESDAY



Dance Fit Class 10-11 am

Join Caz with some easy, fun dance moves for all abilities.

No Dance Fit on the 3rd Tuesday of the month.

Hairdresser Visit

WEDNESDAY

9.30am- 1pm

Affordable haircuts for everyone! **Last Wednesday of every month.**
Nail Gel, Face Waxing and eyelash/eyebrow tint also available.

By appointment only- Call us on 63 266776 to book



Mahjong 10am-12pm

THURSDAY

Landscape Art 10am-12

Come and have a friendly game or learn to play.



Learn the basics of painting landscapes.



Cooking with Allan 11am- 1 pm



FRIDAY

Make Time To Play 3.15-4.30pm

Simple, affordable and delicious meals to make and share together.
Spaces Limited - Call us to book.

Family Fun activity group filled with interactive activities to enjoy together.



Call Deb on 0455 310329 for more info

Learner Driver Mentor Program



To assist people within the Northern Suburbs of Launceston with no access to a supervisory driver obtain their 80+ hours of driving time.
We provide a vehicle and trained driver Mentor.

Call Mani or Mark on 0456 891344 Tues- Thurs 9.30 am-2.30pm to enquire

The Shed (Rocherlea)

12 Kingbilly Crescent, Rocherlea

We welcome outside participants to join in workshop activities.

Monday, Tuesday, Wednesday

9.30 am-2.30 pm

Call in to The Shed to talk with the group and find out more!

We also take orders for custom made projects for individuals or organisations.

PEEPS - After School Youth Program



For young people aged 10-17 yrs. A safe space for young people to hang out.

BBQ, Games and Activities.

Monday's 3.00-4.15 pm



Breakfast Club 9-11 am Third Monday of every month

Come and grab a sausage and cuppa for breakfast and have a yarn with Karl.



Bicycle Repair & Servicing Second Monday of every month 12.30-2.30pm

- Gear Tuning
- Tire Replacements
- Servicing



Coffee and Chats Wednesday 10am-11.30am



Get out of the house and come along and grab a cuppa and meet some new people.

Your Space Every Thursday 12-2pm

- Find out who the "go to" services are in your neighbourhood
- Connect with others and share a laugh together.
- Meet new friends and share hot drinks and snacks
- Also includes fun activities for children 0-5 yrs

Come along each Thursday and be part of our Community Crew with Caz and Carl



DadLAN is a social network, and place to connect over gaming
Meets on the 3rd Sunday of the month 1-5pm @ The Shed

Join us at: [DISCORD.GG/DADLAN](https://discord.gg/DADLAN)

Interested in volunteering?

There are so many opportunities available

Learn or share skills and increase your employment options.

Call Trish today!

63 265506



NILS - No Interest Loan Scheme



Loan up to \$2000

Car Registration, Car repairs, furniture, whitegoods, computers, dental/medical procedures and much more!

To register Call 1300 301650

or nilstasmania.org.au