



The heart of our community

What's On



*Northern Suburbs
Community Centre Inc.*

Regular Weekly Programs



www.nscctas.org.au



Find us on google maps

Funded by the Crown through the
Department Of Premier and Cabinet

Newnham

49 George Town Road, Newnham



6326 5506

@ admin@nscctas.org.au

Connected Women's Program

MONDAY

11am-1pm



Welcoming Migrant Women and building social connection through friendships.

All Stitched Up 10am-2pm



Get Crafty with us & create to donate.

TUESDAY



Micro Lunch 12.30 pm

Free weekly light lunch.
Alternating with BBQ & Indian cuisine.
All Welcome!

Launceston Legal Literacy Centre



10am-12pm

Help filling in documents and much more! Drop-In Service

WEDNESDAY



Goldie's Group 10- 11.30 am

Craft, Activities, Games
Chance to connect with others.

Community Lunch 12.30-2pm

Join in a 2 course lunch- \$5
Great way to make new friends.



Baby Bugs 1-2.00 pm



Playgroup for caregivers and their families to learn together.

Gentle Exercise 11-11.45 am



Meg from Fit & Kicking will be here to get you moving with simple exercises for all abilities.



THURSDAY Children's University

3.15-4.15 pm



Learning hub for children 6-14 yrs
Fun Games, experiments, mind games & much more
Call us for more details

Be Crafty 10.30-11.30 am



Fun and creative craft projects with all materials supplied.

FRIDAY



Macrame 11.45-12.45 am

Come and make handcrafted items for yourself or to give as gifts.

Boomerang Bags 1.00-3.30pm

Create & sew re-useable cloth shopping bags over a cuppa & a chat.

Mowbray

Dover Street, Mowbray



6326 6776

@adminm@nscctas.org.au

Tai Chi- 10am-11am

Improve your balance, flexibility with our friendly class.

Make a new friend club

Improve your balance, flexibility with our friendly class.

MONDAY



12-2 pm

Modernism Art 11am-12

Explore drawing, painting & Design.



Craft- 1pm-2.30 pm

Fun with Scrapbooking. \$3

Learn to Machine Sew 10am-12 pm

Come and learn some machine sewing basics.

12.30-2.30 pm

Machine sewing for the more advanced.



TUESDAY

Dance Fit Class 10-11 am



Join Caz with some easy, fun dance moves for all abilities.

Pingo Bingo with a twist

11.30 am -12.30 pm

Join in the fun of Pingo with Caz



Please note: All Tuesday Classes before 12.30 pm do not run on the 3rd Tuesday of the month.

Mowbray PEEPS 3.15-4.30pm

After School Youth Program- 10-17 yrs old- Safe space to hang out !

Playsteps Parenting Program 9.30- 11am

Discover tools to help your child thrive!

Call Deb on 0455 310329 for more info

Hairdresser Visit 9.30am- 1pm

Affordable haircuts for everyone! **Last Wednesday of every month.**

Nail Gel, Face Waxing and eyelash/eyebrow tint also available.

By appointment only- Call us on 63 266776 to book

WEDNESDAY

Make Time To Play

3.15-4.30pm

Family Fun activity group.



Mahjong 10am-12pm

Come and have a friendly game or learn to play.



THURSDAY

Landscape Art 10am-12

Learn the basics of painting landscapes.



Playsteps Parenting Program

1-2.30pm

Discover tools to help your child thrive!

Call Deb on 0455 310329 for more info



FaRM BBQ 1-2 pm

Come & Learn more about our project. Free BBQ

Last Thursday of every month



Cooking with Allan

FRIDAY

11am- 1 pm



Simple, affordable and delicious meals to make and share together. Spaces Limited - Call us on 63 266776 to book or find out more.

Snag Chat Van 12- 1 pm

Join us for a sausage, chat & games 4th Friday of every month.



The Shed (Rocherlea)

12 Kingbilly Crescent, Rocherlea

We welcome outside participants to join in workshop activities.

Monday, Tuesday, Wednesday

9.30 am-2.30 pm

Call in to The Shed to talk with the group and find out more!

We also take orders for custom made projects for individuals or organisations.

PEEPS - After School Youth Program



For young people aged 10-17 yrs. A safe space for young people to hang out.

BBQ, Games and Activities.

Monday's 3.15-4.30 pm



Second Monday of every month

Breakfast Club 9-11 am

Come and grab a sausage and cuppa for breakfast and have a yarn with Karl.



Bicycle Repair & Servicing 12.30-2.30pm



- Gear Tuning
- Tire Replacements
- Servicing

Coffee and Chats



Wednesday 10am-11.30am

Get out of the house and come along and grab a cuppa and meet some new people.

Your Space

Every Thursday 10am-2pm

Come along each Thursday and be part of our Community Crew with Caz and Con

- Find out who the "go to" services are in your neighbourhood
- Connect with others and share a laugh together.
- Meet new friends and share hot drinks and snacks
- Also includes fun activities for children 0-5 yrs



Interested in volunteering?

There are so many opportunities available

Learn or share skills and increase your employment options.

Call Trish today!

63 265506



NILS - No Interest Loan Scheme



Loan up to \$2000

Car Registration, Car repairs, furniture, whitegoods, computers, dental/medical procedures and much more!

To register Call 1300 301650

or nilstasmania.org.au